

NEW YEARS *REVOLUTION* HEALTH FAIR

Get Healthy & Be Your Best In 2015!

When: Saturday, January 10 (12:00 – 4:00)

Where: St. George's UMC
4910 Ox Rd, Fairfax, VA (near GMU)

Cost: FREE



Door Prizes

Total Body Cardio Workout Guest Speaker

Exhibitors: Health Coach, Interactive Metronome Trainer (ADHD),
Medical Lab Technologist, Massage Therapist, Personal Trainer,
Diabetes Coach, Naturopathic Doctor, Senior Care Provider.

Products: Alkaline Water, Sports & Health Supplements, Organic Health
& Beauty, Tea, Health Food Samplings, and much more.

* 12:45 p.m. – 1:45 p.m. Total Body Cardio Workout

* 2:00 p.m. ASEA Presentation with Guest Speaker to Follow

Snow Date: Sat. January 31

